

FOSTER PARENT NEWS

DCS TRAINING NEWSLETTER

Happy Foster Parent Appreciation Month!

From all of us on the Foster Parent Training Team, we would like to thank you for choosing to be foster parents.



Link to **ALL** of our Training Resources



Link to our list of Online Trainings



Link to our Calendar of **LIVE** Trainings

Why We Do It

The first foster child to live in our home was a 2-week-old baby we brought home from the hospital. Learning how to parent for the first time and navigating the foster system wasn't always easy, but we grew as a family and had so much support. There were a lot of unknowns and plenty of questions. Doctors' appointments, therapy sessions, phone calls, and paperwork became much easier to manage as it became familiar with the process. We developed a positive relationship with the birth family, but as time progressed, it became evident that reunification wasn't going to be possible. At that point, we shifted to being a pre-adoptive home. Our child was officially adopted when they were 20 months old. We still maintain a relationship with some members of the biological family. I am so grateful to still have those connections to be able to share with our child as they grow up. I continue to volunteer in the foster care community because I want to help educate other people about the foster care system. It can be overwhelming and filled with emotion but is one of the best decisions we ever made. Our family and friends are forever changed because we said "yes" to fostering.

- E.

[Click HERE](#) to submit your own story!

Child Welfare Community Lunch and Learn Series:
Understanding Eating Disorders through a Trauma Perspective

Training Credit: 1.5-hour training credit
When: May 3, 2022, 11:00 AM CST / 12:00 PM ET
Please click [HERE](#) for more info and to register

TN-KEY FOSTER PARENT CO-TRAINERS NEEDED!

- For more info and to view the criteria, click [HERE](#)
- To apply, click [HERE](#)

Regional Intervention Program:
Introduction to Understanding and Addressing Challenging Behaviors in Children

- When: **May 10, 2022, 5:30 p.m. to 7:00 p.m. CST / 6:30 p.m. to 8:00 p.m. EST**
- Training Credit: 1.5 hour

[REGISTER NOW >](#)

April Topic:
Managing Behavior

[Click HERE](#)

- April 20th @ 11:30 am CST
- April 26th @ 5:30 pm CST

Be the One: Talk, Listen, Connect Suicide Awareness & Prevention Webinar

- Live Event: **Thursday, May 12, 9:00 - 11:00 am CST / 10:00 am - 12:00 pm EST**
- Worth 2 hours of training credit.

May Topic:
Foster Parent Appreciation

[Click HERE](#)

- May 18th @ 11:30 am CST
- May 24th @ 5:30 pm CST

For more Information, and to Register, Click [HERE](#)

May Calendar

- Click the links below to register
- 4/18 - [Medication Administration Refresher](#)
 - 4/21 - [CCAHT: The Reality of Trafficked Individuals](#)
 - 4/21 - [The Reality of Trafficked Individuals](#)
 - 4/21 - [Helping Children Make Transitions](#)
 - 4/25 - [Engaging and Parenting Teens](#)
 - 4/28 - [CANS](#)
 - 4/30 - [Trauma Informed Parenting Strategies](#)
 - 5/3 - [Creating Normalcy Through Prudent Parenting](#)
 - 5/16 - [Building Strong Brains](#)
 - 5/17 - [Stewards of Children](#)
 - 5/19 - [Creating Teachable Moments](#)
 - 5/21 - [Loving and Letting Go](#)

Even as kids reach adolescence, they need more than ever for us to watch over them. Adolescence is not about letting go. It's about hanging on during a very bumpy ride.
- Ron Taffel

Upcoming Training Calendar - April/May

Lunch and Learn Series:
Each Training Time:
12:00 - 1:00 pm EST

April 28 - [Moving Trauma Responsive Care from the Clinic to the Community](#)

May 26 - [Being a Trauma Responsive Faith Community](#)

June 30 - [Community Trauma and Resilience](#)

*1-Hour training credit per class

What to Know about Child Exploitation and Human Trafficking

New Podcast Episode
1.5-hour training credit

New online training class
2-hour training credit

*Can substitute the required live training

- Link to Podcast Episode [HERE](#)
- Link to Online Training Course [HERE](#)

NAMI Basics
National Alliance on Mental Illness

Statewide Zoom Class
The fundamentals of caring for you, your family, and your child with mental illness.

Classes Forming Now - Limited Space Available

NAMI Basics Class is for any parent or caregiver of a child or adolescent with a mental health condition.

Foster parents completing the classes will receive up to 15-Hours of training credit.

Next Available class series dates/times:
April 23, April 30, and May 7
9:00am - 3:00pm CST / 10:00am - 4:00pm EST

Virtual Format: Zoom

For more information, click [HERE](#)

Safe & Secure Tennessee

Virtual Training Opportunities
Learn more and register at [safeandsecuretn.org](#)

[CLICK HERE](#)

TBRI® in TN
2 hour trainings in the principles of TBRI®
• April 7: Intro and Overview
• April 21: Empowering
• May 12: Connecting
• May 26: Correcting

TBRI® Tues @ 10
1 hour trainings in implementation of TBRI®
• April 12: Empowering
• April 19: Connecting
• April 26: Correcting

Online Training Catalog Additions

10 New Right Time Videos

[Click HERE to access](#)

- Accessing Services and Supports
- Building Parental Resilience
- Family Dynamics
- Life Story: Birth and Adoption Story
- Managing Parenting Transitions
- Preparing for Adulthood
- Preparing for and Managing Visitation
- Responding to Children in Crisis
- Sensory Integration
- Sexual Trauma

*Each class is approved as 1 hour Trauma or Therapeutic Training Credit

FOR MORE SELF-DIRECTED LEARNING

[CLICK HERE](#)

Child Welfare Community Lunch and Learn Series:
Disability Awareness and Early Intervention

- Live Event: **Thursday, June 23, 11:00 am - 12:30 pm CST / 12:00 pm - 1:30 pm EST**
- Worth 1.5 hours of training credit.

For more Information, and to Register, Click [HERE](#)

HELPFUL LINKS

- [Foster Parent Training](#)
- [Training Calendar](#)
- [Online Training](#)
- [Self-Care](#)
- [DCS Talks Podcast](#)
- [Child Welfare Resources](#)
- [Regional Training Contact](#)
- [DCS Listens Registration](#)
- [Birth Children Resources](#)
- [Unsung Hero of the Month](#)

Self-Compassion: The Proven Power of Being Kind to Yourself
June Book Club

Training Credit: 2 hours
When: Thursday, June 30, 2022, 5:30 PM CST / 6:30 PM EST

To participate: get the book, read the book, and register for the book club by clicking the link [HERE](#)